

DISCIPLINE SPECIFIC ELECTIVE COURSE
DSE HH 8C2: ADVOCACY FOR CHANGE: HEALTH AND ENVIRONMENT

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course Title & Code	Credits	Credit Distribution of the course			Eligibility Criteria	Pre-requisite of the Course (if any)
		Lecture	Tutorial	Practical/ Practice		
Advocacy for Change: Health and Environment DSE HH 8C2	4	2	0	2	Studied up to Semester VII	NIL

Learning Objectives

- To learn about the policy framework and planning for health and environment.
- To gain insight into different health legislations, policies and acts.
- To understand the different environment related policies, acts and conventions.
- To appreciate the process of advocacy and strategize advocacy for health and environment.

Learning Objectives

- Enhanced awareness about the policy framework and planning for health and environment.
- Exposure to different health legislations, policies and acts.
- Exposure to different environment related policies, acts and conventions.
- Understanding the process of advocacy and strategize advocacy for health and environment.

SYLLABUS OF DSE HH 8C2**THEORY**
(Credits 2; Hours 30)**UNIT I: Policy Planning and Advocacy****12 Hours**

This unit provides a comprehensive understanding of policy framework and planning and how advocacy can be used as a tool for promoting social change in health and environmental contexts. It covers the concepts, processes, and strategies of advocacy. Students will learn to differentiate advocacy from behavior change communication (BCC) and will be able to appreciate effective strategy planning and advocacy for change in the health & environment context. The unit also explores networking, lobbying, and mobilizing pressure groups for sustained advocacy efforts.

- Policy Framework and Accountability: An introduction
- Linkages between planning, policy and vulnerable groups and areas.
- Process of Policy Planning,
- Sustainable Development Goals: Mandate and Scope
- Advocacy – Concept, process, types, strategies and functions.
- Differences between advocacy and behaviour change communication
- Strategizing health/environmental advocacy and SBCC campaigns- Elements, tools and techniques
- Networking, Lobbying and mobilizing pressure groups. Citizen action and people ‘participation in health/environmental movement and campaigns.
- Synergizing inter-sectoral partnerships for health/environmental advocacy and action

UNIT II: Advocacy and change for Health**9 Hours**

This unit explores health as a critical policy goal, tracing the evolution of health policies in India. It examines rights-based approaches, nutrition policies, health legislations, government programmes, and the challenges in national and international health interventions and suggests Advocacy efforts in the domain of health

- Understanding Health as a major goal
- Approaches for analyzing health problems -rights based approach.
- Health policy- historical perspective, present issues and trends. Nutrition and Food policies perspectives
- Legislations, government policies and programmes in promoting and protecting public health- laws and standards, NHM, Ayushman Bharat, State specific innovation schemes.
- Expenditure on Health
- International and national nutrition and health intervention programmes-. problems and challenges
- Advocacy efforts in the domain of health

UNIT III: Advocacy and Change for Environment**9 Hours**

This unit examines environmental policy frameworks, historical and contemporary trends, and major legislation in India. It also delves into international conventions, waste management rules, and the roles of government departments and agencies in environmental protection and management. It also suggests Advocacy efforts in the domain of environment & sustainable development.

- Understanding Environment as a major goal
- Approaches for analyzing environment problems
- Environment policy framework- historical perspective, present issues and trends.
- Legislations, government policies and programmes in promoting and protecting environment- Environment Protection Act 1986, Air Act, Water Act, Wildlife Protection Act, Forest Act, the National Environment Tribunal Act, Climate Change Protocols and Conventions, waste management rules
- Environment Protection and Management
- International and national environment intervention programmes- problems and challenges
- Role and responsibilities of various departments and agencies in environment management
- Advocacy efforts in the domain of environment & sustainable development

PRACTICAL (Credit 2; Hours 60)

- Advocacy Campaigns for health/nutrition: Design & Evaluation
- Advocacy Campaigns for Environment & Sustainable Development: Design & Evaluation
- Analyzing India's National Strategies for Public Health & related issues
- Analyzing India's National Strategies for Climate Change Adaptation and Mitigation
- Analysis and interpretation of health and environment related indicators
- Development of SBCC and Advocacy tool kit o any issue related to health/nutrition or Environment & Sustainable Development

Essential Readings

- Bapat, J. (2005). *Development Projects and Critical Theory of Environment*. New Delhi: Sage Publications.
- Easterling, D., Gallagher, K.; Lodwick, D. (2003) *Promoting Health at the Community Level*. Thousand Oaks, California: Sage Publications.
- Gardner, A. & Brindis, C. (2017). *Advocacy and Policy Change Evaluation: Theory and Practice*. USA: Stanford Business Books. ISBN-13: 978-0804792561
- Government of India. (2023). *Five Year Plans and beyond: Lessons and strategies for sustainable development*. Planning Commission, Government of India.
- United Nations. (2015). *Transforming our world: The 2030 agenda for sustainable development*. Retrieved from <https://sustainabledevelopment.un.org>

Suggested Readings

- Ahluwalia, V. K. (2015). *Environmental Studies: basic concepts*. The Energy and Resources Institute (TERI).
- Dreze, J., & Sen, A. (2013). *An uncertain glory: India and its contradictions*. Princeton University Press.
- Gupta, A., & Goldar, B. (2005). *Environment and development in India*. Oxford University Press
- Ministry of Health and Family Welfare (India). (2020). *National Health Policy 2017*. Retrieved from <https://mohfw.gov.in>

- Rao, M., & Choudhury, M. (2018). *Financing health in India: Challenges and opportunities*. Routledge.
- Srinivasan, K.;Valassoff, M. (2001). *Population Development Nexus in India*. New Delhi: Tata McGraw Hill Publishing Co. Ltd.
- United Nations Development Programme. (2019). Human development report 2019: Beyond income, beyond averages, beyond today. UNDP.
- Unsicker, J. (2012). *Confronting Power: The Practice of Policy Advocacy*. USA : KumarianPress.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.